

Nº 5/40 2014

1,27 EUR • Ls 0,89

100 labi. pārdomi

- Dāvanas būs! -

**PĒRC UN
LAIMĒ**

■ **Kā izaudzēt labus
sīpolus?**

■ **Lauku labumu
vērtīgākie maršruti**

■ **Augsts asinsspiediens:
rīcības plāns soli pa
solim**

Ko un kā ēst, lai justos labi?



**Kristīnes
Anžes
recepte**

5 labas
rabarberu
receptes



**Kā garšo
Jāņa Reira
pašceptā
maize**



ISSN 1691-0800



LIKUMĀ, ĀP TĪKLĀTINĀS
PĒDĒJĀ SEZONĀ



OTRDIEKĀS
21:00

GĀZI GRĪDĀ

Šīs sezonas pirmā sērija ar šķērsošanas tēmu - Tāls, vējš,
nāis un pilsētā. Pilsētā, kurā ir daudz, kurā ir daudz.



**Tik šķelmīgs
KALVĪTIS** vel
nebija redzēts

Experimente... All'ultimo giro di pista, il pilota italiano si è speso in un'ultima manovra per evitare una collisione con la vettura avversaria. Il risultato? Un incidente che ha costretto alla ritirata l'intero team.



KOLAI
supermoderns
kazoks

Many people are surprised to learn that the most common cause of death in the United States is heart disease. This is because heart disease is a silent killer. It can be present for years before it causes any symptoms. The most common symptom is chest pain, which is often described as a squeezing or burning sensation. Other symptoms include shortness of breath, fatigue, and dizziness. If you experience any of these symptoms, it is important to see a doctor as soon as possible. Heart disease is a preventable condition, and there are many things you can do to reduce your risk. These include eating a healthy diet, exercising regularly, and not smoking. If you have a family history of heart disease, it is also important to get regular checkups and blood tests.



BRONCOPHEN®

Wapen velen er dubbelts indelstet
 Wapen velen er dubbelts indelstet
 Wapen velen er dubbelts indelstet

© 2004 Blackwell Publishing Ltd, *Journal of Internal Medicine* 255: 103–110

For more information, go to www.elsevier.com/locate/locate/locate

For more information, contact your local group or write to the publisher. It is entirely free of charge.

© 2004 Blackwell Publishing Ltd, *Journal of Internal Medicine* 255: 103–110

© 2000 Blackwell Science Ltd
Journal of Internal Medicine 247: 101–108

signature is present in the text of the
signature is present in the text of the

© 2004 Blackwell Publishing Ltd
Journal of Internal Medicine 255: 101–108

Avrei più tempo
per produrre il mio
singolo album. Ma
da quando ho cominciato

© 2006 Blackwell Publishing Ltd Journal of Internal Medicine 260: 397–408

Zāļu nepamatota lietošana ir kaitīga veselībai



Čīca

atgriežas
Latvija un
precesies

1. The first step is to identify the problem.

During the 1990s, the U.S. economy has been in a state of "long-term stagnation," according to the U.S. Department of Commerce. The economy has been in a state of "long-term stagnation" since the early 1980s, when the economy was in a state of "long-term stagnation."

[illegible][illegible]

Keywords: child sexual abuse; disclosure; social support; coping strategies

Full business units
can be run using
single management
systems. The
business units are
run as separate
entities.

1. The first step is to identify the problem.
 2. The second step is to define the problem.
 3. The third step is to analyze the problem.
 4. The fourth step is to develop a solution.
 5. The fifth step is to implement the solution.
 6. The sixth step is to evaluate the solution.
 7. The seventh step is to monitor the solution.
 8. The eighth step is to maintain the solution.
 9. The ninth step is to improve the solution.
 10. The tenth step is to document the solution.



RĪGAS
CENTRĀLTIRGŪS

TEMATISKIE TIRDZIŅI **Centrāltirgū** 8. martā, 25.–26. martā

Mājasrotāji, amatnieki un rokdarbnieki, lai paši
sīkāk, pievienoties tirgotāju pulkam un kopīnāt
tematiskā tirdzņa piedāvājumu, lai kopīgi radītu
jaunu svētku noskaņojumu rīdziniekiem un
pilsētas viesiem!

Uz tikšanos krāšņākajā vietā
pilsētā – Rīgas Centrāltirgū!



TEV VAJADZĒJA NOSKŪTI



ALDODOLA LIETOŠANAI IR NEGATĪVA IETEKME, TĀ PĀRDOŠANA, IEGĀDŠANĀS UN NODODŠANA NEPILNGADĪGĀM PERSONĀM IR AIZIĒGTA.



Ilvesu mīla

Latvijai liek atvert maku

[illegible]

These results suggest that the
model is a good approximation
of the actual system. The model
is a good approximation of the
actual system. The model is a
good approximation of the actual
system. The model is a good
approximation of the actual system.

Smallpox
Smallpox is a highly contagious viral disease that causes a severe skin rash and fever. It is caused by the smallpox virus, which is a member of the poxvirus family. Smallpox is a rare disease, but it is still a concern because of the potential for bioterrorism. The disease is spread through direct contact with infected individuals or through the air. Symptoms include fever, fatigue, and a characteristic skin rash that starts as small red bumps and eventually forms into blisters. Smallpox is a deadly disease, with a mortality rate of about 30%. There is no cure for smallpox, but there are vaccines available that can protect against the disease. The last natural case of smallpox was reported in 1978.



[illegible][illegible]

What are
your
concerns?

[illegible]

For more information, contact your local newspaper or the National Newspaper Association at (202) 462-6000.

valley area is rich in natural gas. The major cities of the northern region are in the gas-rich mountainous regions, and the major cities of the southern region are in the gas-poor plains. The major cities of the northern region are in the gas-rich mountainous regions, and the major cities of the southern region are in the gas-poor plains.

Appointed committee

[illegible][illegible]

Systeme multipersona nel laboratorio

1. The first step is to identify the problem.
 2. The second step is to define the problem.
 3. The third step is to analyze the problem.
 4. The fourth step is to develop a solution.
 5. The fifth step is to implement the solution.
 6. The sixth step is to evaluate the solution.
 7. The seventh step is to monitor the solution.
 8. The eighth step is to maintain the solution.
 9. The ninth step is to improve the solution.
 10. The tenth step is to document the solution.



© 2000 Blackwell Science Ltd
Journal of Internal Medicine 247: 105–111



The results suggest that women are more likely to use different patterns of contraceptive use when they are in a relationship with a partner. The findings also suggest that women who are in a relationship with a partner are more likely to use a condom.



James Watson, Harvard's top geneticist, said that the genome map would be "a major breakthrough" in human genetics, but that it would not be a "magic bullet" for curing disease. He said that the map would be a "major step" in understanding the human genome, but that it would not be a "magic bullet" for curing disease. He said that the map would be a "major step" in understanding the human genome, but that it would not be a "magic bullet" for curing disease.

[illegible]



Aeklāj Pīta slavas sienu

Pēteris Vasks ir slavens komponists, kura darbi ir iekļauti daudzu filmu, koncertu, albumu un izdevumu programmās. Viņš ir viens no pasaulē pazīstamākajiem latviešu komponistiem.

Šodien Vasks ir iekļauts "The Grammy" balvu pasākuma programmā. Viņš ir viens no pasaulē pazīstamākajiem latviešu komponistiem, kura darbi ir iekļauti daudzu filmu, koncertu, albumu un izdevumu programmās. Viņš ir viens no pasaulē pazīstamākajiem latviešu komponistiem.

~~~~~



Šodien Vasks ir iekļauts "The Grammy" balvu pasākuma programmā. Viņš ir viens no pasaulē pazīstamākajiem latviešu komponistiem.



## Tomsons nostājas pret savas barnīcas vadību

Latvijas Barnīcu izmeklēšanas komisijā Tomsons ir viens no pieņemtiem locekļiem. Viņš ir viens no pieņemtiem locekļiem, kas ir viens no pieņemtiem locekļiem.

**P**ēteris Vasks ir slavens komponists, kura darbi ir iekļauti daudzu filmu, koncertu, albumu un izdevumu programmās. Viņš ir viens no pasaulē pazīstamākajiem latviešu komponistiem.

Šodien Vasks ir iekļauts "The Grammy" balvu pasākuma programmā. Viņš ir viens no pasaulē pazīstamākajiem latviešu komponistiem.

Šodien Vasks ir iekļauts "The Grammy" balvu pasākuma programmā. Viņš ir viens no pasaulē pazīstamākajiem latviešu komponistiem.







**VRK** travel



**UNGÁRIJA**

**7000**



**ITÁLIJA**



KARSTĀKŠĒ PIEDĀVĀJUMI

**MALTA**

**APVIENOTIE  
ARĀBU  
EMIRĀTI**



Saeimas deputātu mēnešalgas ļēģad  
palielinājās par 34–1150 eiro, atkarībā  
no ierēņemā amata. Vai nu tēlo muļķus,  
vai kā, bet Kriš Jans veikšajā aptaujā tikai  
viens tautas kalps zināja, cik eiro viņam  
algas dienā ieripo kontā.



**Deputāti ne  
algas  
pielikumu**

**L**ately, half-price groceries, parking discounts, and gym dues. After today's session, walking up the stairs to the gym is one more thing you can do for free. The community fitness class, which is open to all, is a great way to get in shape and meet new people. The class is held in the gymnasium, and the instructor, who is a former professional athlete, will lead you through a series of exercises that will help you lose weight and improve your overall health. The class is held on Wednesdays from 6:00 to 7:30 p.m. and is free of charge. For more information, call 555-1234.

Copyright © 2004 John Wiley & Sons, Inc.

It is important to remember, too, that the American market is essentially an in-market for Europe, so American offerings that in general don't fit the local, indigenous and culture-specific preferences of the local market are unlikely to succeed.

Two forms apparently identified as *Trachusa* *argentina*, we found 50 mm from under limestone plates. They were large specimens, 10 mm long, 6 mm wide, and 2 mm high. They were found in the same place as the other specimens, and they were found in the same place as the other specimens.

<http://www.elsevier.com/locate/jmb>

1990 1991 1992 1993 1994 1995 1996 1997 1998 1999 2000 2001 2002 2003 2004 2005 2006 2007 2008 2009 2010 2011 2012 2013 2014 2015 2016 2017 2018 2019 2020 2021 2022 2023 2024 2025 2026 2027 2028 2029 2030 2031 2032 2033 2034 2035 2036 2037 2038 2039 2040 2041 2042 2043 2044 2045 2046 2047 2048 2049 2050 2051 2052 2053 2054 2055 2056 2057 2058 2059 2060 2061 2062 2063 2064 2065 2066 2067 2068 2069 2070 2071 2072 2073 2074 2075 2076 2077 2078 2079 2080 2081 2082 2083 2084 2085 2086 2087 2088 2089 2090 2091 2092 2093 2094 2095 2096 2097 2098 2099 2100 2101 2102 2103 2104 2105 2106 2107 2108 2109 2110 2111 2112 2113 2114 2115 2116 2117 2118 2119 2120 2121 2122 2123 2124 2125 2126 2127 2128 2129 2130 2131 2132 2133 2134 2135 2136 2137 2138 2139 2140 2141 2142 2143 2144 2145 2146 2147 2148 2149 2150 2151 2152 2153 2154 2155 2156 2157 2158 2159 2160 2161 2162 2163 2164 2165 2166 2167 2168 2169 2170 2171 2172 2173 2174 2175 2176 2177 2178 2179 2180 2181 2182 2183 2184 2185 2186 2187 2188 2189 2190 2191 2192 2193 2194 2195 2196 2197 2198 2199 2200 2201 2202 2203 2204 2205 2206 2207 2208 2209 2210 2211 2212 2213 2214 2215 2216 2217 2218 2219 2220 2221 2222 2223 2224 2225 2226 2227 2228 2229 2230 2231 2232 2233 2234 2235 2236 2237 2238 2239 2240 2241 2242 2243 2244 2245 2246 2247 2248 2249 2250 2251 2252 2253 2254 2255 2256 2257 2258 2259 2260 2261 2262 2263 2264 2265 2266 2267 2268 2269 2270 2271 2272 2273 2274 2275 2276 2277 2278 2279 2280 2281 2282 2283 2284 2285 2286 2287 2288 2289 2290 2291 2292 2293 2294 2295 2296 2297 2298 2299 2300 2301 2302 2303 2304 2305 2306 2307 2308 2309 2310 2311 2312 2313 2314 2315 2316 2317 2318 2319 2320 2321 2322 2323 2324 2325 2326 2327 2328 2329 2330 2331 2332 2333 2334 2335 2336 2337 2338 2339 2340 2341 2342 2343 2344 2345 2346 2347 2348 2349 2350 2351 2352 2353 2354 2355 2356 2357 2358 2359 2360 2361 2362 2363 2364 2365 2366 2367 2368 2369 2370 2371 2372 2373 2374 2375 2376 2377 2378 2379 2380 2381 2382 2383 2384 2385 2386 2387 2388 2389 2390 2391 2392 2393 2394 2395 2396 2397 2398 2399 2400 2401 2402 2403 2404 2405 2406 2407 2408 2409 2410 2411 2412 2413 2414 2415 2416 2417 2418 2419 2420 2421 2422 2423 2424 2425 2426 2427 2428 2429 2430 2431 2432 2433 2434 2435 2436 2437 2438 2439 2440 2441 2442 2443 2444 2445 2446 2447 2448 2449 2450 2451 2452 2453 2454 2455 2456 2457 2458 2459 2460 2461 2462 2463 2464 2465 2466 2467 2468 2469 2470 2471 2472 2473 2474 2475 2476 2477 2478 2479 2480 2481 2482 2483 2484 2485 2486 2487 2488 2489 2490 2491 2492 2493 2494 2495 2496 2497 2498 2499 2500 2501 2502 2503 2504 2505 2506 2507 2508 2509 2510 2511 2512 2513 2514 2515 2516 2517 2518 2519 2520 2521 2522 2523 2524 2525 2526 2527 2528 2529 2530 2531 2532 2533 2534 2535 2536 2537 2538 2539 2540 2541 2542 2543 2544 2545 2546 2547 2548 2549 2550 2551 2552 2553 2554 2555 2556 2557 2558 2559 2560 2561 2562 2563 2564 2565 2566 2567 2568 2569 2570 2571 2572 2573 2574 2575 2576 2577 2578 2579 2580 2581 2582 2583 2584 2585 2586 2587 2588 2589 2590 2591 2592 2593 2594 2595 2596 2597 2598 2599 2600 2601 2602 2603 2604 2605 2606 2607 2608 2609 2610 2611 2612 2613 2614 2615 2616 2617 2618 2619 2620 2621 2622 2623 2624 2625 2626 2627 2628 2629 2630 2631 2632 2633 2634 2635 2636 2637 2638 2639 2640 2641 2642 2643 2644 2645 2646 2647 2648 2649 2650 2651 2652 2653 2654 2655 2656 2657 2658 2659 2660 2661 2662 2663 2664 2665 2666 2667 2668 2669 2670 2671 2672 2673 2674 2675 2676 2677 2678 2679 2680 2681 2682 2683 2684 2685 2686 2687 2688 2689 2690 2691 2692 2693 2694 2695 2696 2697 2698 2699 2700 2701 2702 2703 2704 2705 2706 2707 2708 2709 2710 2711 2712 2713 2714 2715 2716 2717 2718 2719 2720 2721 2722 2723 2724 2725 2726 2727 2728 2729 2730 2731 2732 2733 2734 2735 2736 2737 2738 2739 2740 2741 2742 2743 2744 2745 2746 2747 2748 2749 2750 2751 2752 2753 2754 2755 2756 2757 2758 2759 2760 2761 2762 2763 2764 2765 2766 2767 2768 2769 2770 2771 2772 2773 2774 2775 2776 2777 2778 2779 2780 2781 2782 2783 2784 2785 2786 2787 2788 2789 2790 2791 2792 2793 2794 2795 2796 2797 2798 2799 2800 2801 2802 2803 2804 2805 2806 2807 2

[illegible]

signed that  
 national  
 authority

Journal page: 1708  
 Issue page: 1708  
 Publication: 2006



**G**eneral trade statistics suggest that the poultry industry can handle other problems that may arise. However, the Department also notes that marketing issues still edge through. In fact, it may be a marketing issue that will cause the industry problems, says a USDA spokesman. "We have several questions when you go into the marketplace," says the USDA. "What's going to happen to the food products that have almost no market? What's in the pipeline? Is there something that has gotten stuck? Is there something that has gotten stuck? Is there something that has gotten stuck?"

## WALTON &amp; PHILLIPS RESEARCH TRUST

1st day: 100% are  
 2nd day: 100% are  
 3rd day: 100% are

*Don't forget to have a copy of your county's official map available for reference. It shows the county's official boundaries, as well as the locations of the county's major roads, bridges, and other landmarks. This map is available for purchase from the county's official website.*





**THOMAS DOHERTY**

## da BUCCHIANTE MAJDA ALIMENTOS UN FOME DEVALUADO

**Nome egea, 2799 anni**  
**Classe egea, 2799 anni**  
**Promozione 2799 anni**

**N**onostante la sua età, Thomas Doherty, 2799 anni, è un uomo che vive in un mondo di persone che non hanno mai visto. Thomas Doherty, 2799 anni, è un uomo che vive in un mondo di persone che non hanno mai visto. Thomas Doherty, 2799 anni, è un uomo che vive in un mondo di persone che non hanno mai visto.

Thomas Doherty, 2799 anni, è un uomo che vive in un mondo di persone che non hanno mai visto. Thomas Doherty, 2799 anni, è un uomo che vive in un mondo di persone che non hanno mai visto. Thomas Doherty, 2799 anni, è un uomo che vive in un mondo di persone che non hanno mai visto.

Thomas Doherty, 2799 anni, è un uomo che vive in un mondo di persone che non hanno mai visto. Thomas Doherty, 2799 anni, è un uomo che vive in un mondo di persone che non hanno mai visto. Thomas Doherty, 2799 anni, è un uomo che vive in un mondo di persone che non hanno mai visto.

Thomas Doherty, 2799 anni, è un uomo che vive in un mondo di persone che non hanno mai visto. Thomas Doherty, 2799 anni, è un uomo che vive in un mondo di persone che non hanno mai visto. Thomas Doherty, 2799 anni, è un uomo che vive in un mondo di persone che non hanno mai visto.



**THOMAS DOHERTY**

**Nome egea, 2799 anni**  
**Classe egea, 2799 anni**  
**Promozione 2799 anni**

**S**embra un uomo che vive in un mondo di persone che non hanno mai visto. Thomas Doherty, 2799 anni, è un uomo che vive in un mondo di persone che non hanno mai visto. Thomas Doherty, 2799 anni, è un uomo che vive in un mondo di persone che non hanno mai visto.



**THOMAS DOHERTY**

**Nome egea, 2799 anni**  
**Classe egea, 2799 anni**  
**Promozione 2799 anni**

**S**embra un uomo che vive in un mondo di persone che non hanno mai visto. Thomas Doherty, 2799 anni, è un uomo che vive in un mondo di persone che non hanno mai visto. Thomas Doherty, 2799 anni, è un uomo che vive in un mondo di persone che non hanno mai visto.

## DAVID THOMAS DOHERTY HA ARRIVATO DA BUCHIANTE

Thomas Doherty, 2799 anni, è un uomo che vive in un mondo di persone che non hanno mai visto. Thomas Doherty, 2799 anni, è un uomo che vive in un mondo di persone che non hanno mai visto. Thomas Doherty, 2799 anni, è un uomo che vive in un mondo di persone che non hanno mai visto.

**M** Thomas Doherty, 2799 anni, è un uomo che vive in un mondo di persone che non hanno mai visto. Thomas Doherty, 2799 anni, è un uomo che vive in un mondo di persone che non hanno mai visto. Thomas Doherty, 2799 anni, è un uomo che vive in un mondo di persone che non hanno mai visto.







**Kurpnieks uzstājas kārtas Pūgačovas koncertā un izstāda  
dārgu kausu. Kad ir Pūgačovas izstāde  
arī, kad ir Pūgačovas izstāde  
arī, kad ir Pūgačovas izstāde  
arī, kad ir Pūgačovas izstāde**

## Pugačovas kazu liecinieks atklāj

# patiesību par Kirkorovu



Latvian  
Latvian  
Latvian  
Latvian  
Latvian  
Latvian  
Latvian  
Latvian  
Latvian  
Latvian



Latvian  
Latvian  
Latvian  
Latvian  
Latvian  
Latvian  
Latvian  
Latvian  
Latvian  
Latvian



Latvian  
Latvian  
Latvian  
Latvian  
Latvian  
Latvian  
Latvian  
Latvian  
Latvian  
Latvian

Latvian  
Latvian  
Latvian  
Latvian  
Latvian  
Latvian  
Latvian  
Latvian  
Latvian  
Latvian

„C”  
Latvian  
Latvian  
Latvian  
Latvian  
Latvian  
Latvian  
Latvian  
Latvian  
Latvian

**„Pūgačovas kazu  
liecinieks atklāj  
patiesību par Kirkorovu”**  
Latvian  
Latvian  
Latvian  
Latvian  
Latvian  
Latvian  
Latvian  
Latvian  
Latvian  
Latvian

Latvian  
Latvian  
Latvian  
Latvian  
Latvian  
Latvian  
Latvian  
Latvian  
Latvian  
Latvian

Latvian  
Latvian  
Latvian  
Latvian  
Latvian  
Latvian  
Latvian  
Latvian  
Latvian  
Latvian

**„Kad ir latviski”**  
Latvian  
Latvian  
Latvian  
Latvian  
Latvian  
Latvian  
Latvian  
Latvian  
Latvian  
Latvian



LNT

КЛАН  
ЮВЕЛИРОВ

LE IMPERDINABLE

JAUNI SERIĀLI  
ROMANTISKĀM PĒCPUSDIENĀM

16:50 Māksla piedot no 28. februāra  
18:55 Juvelieru klane no 28. februāra

Int.lv

1. *Explain the importance of the following factors in the development of a country's economy:*  
 a. *Human resources*  
 b. *Physical resources*  
 c. *Capital resources*  
 d. *Technology*  
 e. *Government policy*  
 f. *International trade*  
 g. *Infrastructure*  
 h. *Education*  
 i. *Healthcare*  
 j. *Environment*  
 k. *Democracy*  
 l. *Corruption*  
 m. *Religion*  
 n. *Culture*  
 o. *Language*  
 p. *History*  
 q. *Geography*  
 r. *Climate*  
 s. *Soil*  
 t. *Water*  
 u. *Air*  
 v. *Land*  
 w. *Maritime*  
 x. *Space*  
 y. *Time*  
 z. *Energy*  
 aa. *Information*  
 ab. *Communication*  
 ac. *Transportation*  
 ad. *Storage*  
 ae. *Processing*  
 af. *Distribution*  
 ag. *Consumption*  
 ah. *Production*  
 ai. *Exchange*  
 aj. *Allocation*  
 ak. *Investment*  
 al. *Savings*  
 am. *Debt*  
 an. *Equity*  
 ao. *Profit*  
 ap. *Loss*  
 aq. *Cost*  
 ar. *Revenue*  
 as. *Income*  
 at. *Expenditure*  
 au. *Balance of Payments*  
 av. *Balance of Trade*  
 aw. *Current Account*  
 ax. *Capital Account*  
 ay. *Financial Account*  
 az. *Trade Balance*  
 ba. *Current Balance*  
 bb. *Financial Balance*  
 bc. *Trade Deficit*  
 bd. *Current Deficit*  
 be. *Financial Deficit*  
 bf. *Trade Surplus*  
 bg. *Current Surplus*  
 bh. *Financial Surplus*  
 bi. *Trade Gap*  
 bj. *Current Gap*  
 bk. *Financial Gap*  
 bl. *Trade Surplus*  
 bm. *Current Surplus*  
 bn. *Financial Surplus*  
 bo. *Trade Deficit*  
 bp. *Current Deficit*  
 bq. *Financial Deficit*  
 br. *Trade Balance*  
 bs. *Current Balance*  
 bt. *Financial Balance*  
 bu. *Trade Deficit*  
 bv. *Current Deficit*  
 bw. *Financial Deficit*  
 bx. *Trade Surplus*  
 by. *Current Surplus*  
 bz. *Financial Surplus*  
 ca. *Trade Gap*  
 cb. *Current Gap*  
 cc. *Financial Gap*  
 cd. *Trade Surplus*  
 ce. *Current Surplus*  
 cf. *Financial Surplus*  
 cg. *Trade Deficit*  
 ch. *Current Deficit*  
 ci. *Financial Deficit*  
 cj. *Trade Balance*  
 ck. *Current Balance*  
 cl. *Financial Balance*  
 cm. *Trade Deficit*  
 cn. *Current Deficit*  
 co. *Financial Deficit*  
 cp. *Trade Surplus*  
 cq. *Current Surplus*  
 cr. *Financial Surplus*  
 cs. *Trade Gap*  
 ct. *Current Gap*  
 cu. *Financial Gap*  
 cv. *Trade Surplus*  
 cw. *Current Surplus*  
 cx. *Financial Surplus*  
 cy. *Trade Deficit*  
 cz. *Current Deficit*  
 da. *Financial Deficit*  
 db. *Trade Balance*  
 dc. *Current Balance*  
 dd. *Financial Balance*  
 de. *Trade Deficit*  
 df. *Current Deficit*  
 dg. *Financial Deficit*  
 dh. *Trade Surplus*  
 di. *Current Surplus*  
 dj. *Financial Surplus*  
 dk. *Trade Gap*  
 dl. *Current Gap*  
 dm. *Financial Gap*  
 dn. *Trade Surplus*  
 do. *Current Surplus*  
 dp. *Financial Surplus*  
 dq. *Trade Deficit*  
 dr. *Current Deficit*  
 ds. *Financial Deficit*  
 dt. *Trade Balance*  
 du. *Current Balance*  
 dv. *Financial Balance*  
 dw. *Trade Deficit*  
 dx. *Current Deficit*  
 dy. *Financial Deficit*  
 dz. *Trade Surplus*  
 ea. *Current Surplus*  
 eb. *Financial Surplus*  
 ec. *Trade Gap*  
 ed. *Current Gap*  
 ee. *Financial Gap*  
 ef. *Trade Surplus*  
 eg. *Current Surplus*  
 eh. *Financial Surplus*  
 ei. *Trade Deficit*  
 ej. *Current Deficit*  
 ek. *Financial Deficit*  
 el. *Trade Balance*  
 em. *Current Balance*  
 en. *Financial Balance*  
 eo. *Trade Deficit*  
 ep. *Current Deficit*  
 eq. *Financial Deficit*  
 er. *Trade Surplus*  
 es. *Current Surplus*  
 et. *Financial Surplus*  
 eu. *Trade Gap*  
 ev. *Current Gap*  
 ew. *Financial Gap*  
 ex. *Trade Surplus*  
 ey. *Current Surplus*  
 ez. *Financial Surplus*  
 fa. *Trade Deficit*  
 fb. *Current Deficit*  
 fc. *Financial Deficit*  
 fd. *Trade Balance*  
 fe. *Current Balance*  
 ff. *Financial Balance*  
 fg. *Trade Deficit*  
 fh. *Current Deficit*  
 fi. *Financial Deficit*  
 fj. *Trade Surplus*  
 fk. *Current Surplus*  
 fl. *Financial Surplus*  
 fm. *Trade Gap*  
 fn. *Current Gap*  
 fo. *Financial Gap*  
 fp. *Trade Surplus*  
 fq. *Current Surplus*  
 fr. *Financial Surplus*  
 fs. *Trade Deficit*  
 ft. *Current Deficit*  
 fu. *Financial Deficit*  
 fv. *Trade Balance*  
 fw. *Current Balance*  
 fx. *Financial Balance*  
 fy. *Trade Deficit*  
 fz. *Current Deficit*  
 ga. *Financial Deficit*  
 gb. *Trade Balance*  
 gc. *Current Balance*  
 gd. *Financial Balance*  
 ge. *Trade Deficit*  
 gf. *Current Deficit*  
 gg. *Financial Deficit*  
 gh. *Trade Surplus*  
 gi. *Current Surplus*  
 gj. *Financial Surplus*  
 gk. *Trade Gap*  
 gl. *Current Gap*  
 gm. *Financial Gap*  
 gn. *Trade Surplus*  
 go. *Current Surplus*  
 gp. *Financial Surplus*  
 gq. *Trade Deficit*  
 gr. *Current Deficit*  
 gs. *Financial Deficit*  
 gt. *Trade Balance*  
 gu. *Current Balance*  
 gv. *Financial Balance*  
 gw. *Trade Deficit*  
 gx. *Current Deficit*  
 gy. *Financial Deficit*  
 gz. *Trade Surplus*  
 ha. *Current Surplus*  
 hb. *Financial Surplus*  
 hc. *Trade Gap*  
 hd. *Current Gap*  
 he. *Financial Gap*  
 hf. *Trade Surplus*  
 hg. *Current Surplus*  
 hh. *Financial Surplus*  
 hi. *Trade Deficit*  
 hj. *Current Deficit*  
 hk. *Financial Deficit*  
 hl. *Trade Balance*  
 hm. *Current Balance*  
 hn. *Financial Balance*  
 ho. *Trade Deficit*  
 hp. *Current Deficit*  
 hq. *Financial Deficit*  
 hr. *Trade Surplus*  
 hs. *Current Surplus*  
 ht. *Financial Surplus*  
 hu. *Trade Gap*  
 hv. *Current Gap*  
 hw. *Financial Gap*  
 hx. *Trade Surplus*  
 hy. *Current Surplus*  
 hz. *Financial Surplus*  
 ia. *Trade Deficit*  
 ib. *Current Deficit*  
 ic. *Financial Deficit*  
 id. *Trade Balance*  
 ie. *Current Balance*  
 if. *Financial Balance*  
 ig. *Trade Deficit*  
 ih. *Current Deficit*  
 ii. *Financial Deficit*  
 ij. *Trade Surplus*  
 ik. *Current Surplus*  
 il. *Financial Surplus*  
 im. *Trade Gap*  
 in. *Current Gap*  
 io. *Financial Gap*  
 ip. *Trade Surplus*  
 iq. *Current Surplus*  
 ir. *Financial Surplus*  
 is. *Trade Deficit*  
 it. *Current Deficit*  
 iu. *Financial Deficit*  
 iv. *Trade Balance*  
 iv. *Current Balance*  
 iv. *Financial Balance*  
 iv. *Trade Deficit*  
 iv. *Current Deficit*  
 iv. *Financial Deficit*  
 iv. *Trade Surplus*  
 iv. *Current Surplus*  
 iv. *Financial Surplus*  
 iv. *Trade Gap*  
 iv. *Current Gap*  
 iv. *Financial Gap*  
 iv. *Trade Surplus*  
 iv. *Current Surplus*  
 iv. *Financial Surplus*  
 iv. *Trade Deficit*  
 iv. *Current Deficit*  
 iv. *Financial Deficit*  
 iv. *Trade Balance*  
 iv. *Current Balance*  
 iv. *Financial Balance*  
 iv. *Trade Deficit*  
 iv. *Current Deficit*  
 iv. *Financial Deficit*  
 iv. *Trade Surplus*  
 iv. *Current Surplus*<

## Dikāns:

„Man patik  
sievietes  
ar kuplam  
krutim”

Pasauleslāvenais franču dietologs Pjērs Dikāns sarunā ar modes mākslinieku Dāvidu atklāj, ka viņa slāvenā Dikāna diēta pirms 45 gadiem atbūvēs kā nejaucīta.

**P**oor nutrition is a major risk factor for chronic diseases such as heart disease, diabetes, and cancer. It also contributes to the development of osteoporosis, a condition that weakens the bones and increases the risk of fractures. In addition, poor nutrition can lead to a variety of other health problems, including obesity, high blood pressure, and depression. Therefore, it is important to maintain a healthy diet and lifestyle to reduce the risk of these and other chronic diseases.

patients, however, have been used with a variety of treatment regimens, from oral to intravenous, and in the treatment of both primary and secondary hyperparathyroidism. Given the findings of this study, further evaluation of these agents is warranted.

[illegible]

What are the 3 essential elements for a business to be successful?

The Cambridge dictionary, by the way, doesn't label the verb "to plagiarize" as either a noun or a verb. It's just a verb.

100

© 2004 Blackwell Publishing Ltd *Journal of Internal Medicine* 255: 105–112

© 2004 Blackwell Publishing Ltd  
Journal of Internal Medicine 255: 105–112

Address: 10000 University Ave., Suite 100, Dallas, TX 75225  
Phone: 214/343-7200  
Fax: 214/343-7201  
E-mail: [info@houstonjournal.com](mailto:info@houstonjournal.com)

© 2000 Blackwell Science Ltd  
Journal of Internal Medicine 247: 399–406

© 2005 Blackwell Publishing Ltd, *Journal of Internal Medicine* 258: 105–112

Journal of Management Education 34(10)br/>October 2010 1039-1054

Specialist about which nothing other than the common name is known through research (possibly correct) – but there were possible confusion with species, so it was put into the "to be confirmed" category.

© 2000 Blackwell Science Ltd  
Journal of Internal Medicine 247: 399–406

business, go to [www.4mat.com](http://www.4mat.com). When you visit, you'll find a lot of information about the company and its products. You'll also find a link to the 4mat website, where you can learn more about the company and its products.

the authors of the book conclude that the  
 ... *... the authors of the book conclude that the*

© 2004 Blackwell Publishing Ltd  
Journal of Internal Medicine 255: 103–110

© 2000 Blackwell Science Ltd  
Journal of Internal Medicine 247: 353–360

© 2004 Blackwell Publishing Ltd  
Journal of Internal Medicine 255: 103–110





**VITALITĀTES AKADEMIJA –  
TAVS CEĻŠ UZ JAUNU DZĪVI!**



Ustadizko ikasleak gurekin ezagutzen dituztenak, 140 ha inguru hartzen dituen eremua zehazkiago aztertuko dugu, baina gaur egun gurekin ez dagoen eremua ere aztertuko dugu. Erakutsi nahi dugu, baina gaur egun ez dagoen eremua ere aztertuko dugu.



Chapters: 1. *Qualitative and quantitative research methods*; 2. *Programme development*; 3. *Programme evaluation*; 4. *Programme management*; 5. *Programme implementation*; 6. *Programme monitoring and evaluation*; 7. *Programme review and evaluation*; 8. *Programme development and evaluation*; 9. *Programme development and evaluation*; 10. *Programme development and evaluation*.

[illegible]

© 2005 Blackwell Publishing Ltd  
Journal of Internal Medicine 258: 105–112



Fragmentation of the system into smaller units is possible. Smaller units, however, are not as useful as larger ones. For example, a small unit of a system may not be able to perform the same function as the whole system.

© 2004 Blackwell Publishing Ltd, *Journal of Internal Medicine* 255: 103–110

**Indirizzo di pubblicazione:**  
 Dr. G. Rossi, Dr. Rossi, Dr. Rossi, Dr. Rossi, Dr. Rossi  
 via Indipendenza 10, 00187 Roma, Italia  
 Tel. 06/123456789

1999, 2000, 2001, 2002, 2003, 2004, 2005, 2006, 2007, 2008, 2009, 2010, 2011, 2012, 2013, 2014, 2015, 2016, 2017, 2018, 2019, 2020, 2021, 2022, 2023, 2024, 2025, 2026, 2027, 2028, 2029, 2030, 2031, 2032, 2033, 2034, 2035, 2036, 2037, 2038, 2039, 2040, 2041, 2042, 2043, 2044, 2045, 2046, 2047, 2048, 2049, 2050, 2051, 2052, 2053, 2054, 2055, 2056, 2057, 2058, 2059, 2060, 2061, 2062, 2063, 2064, 2065, 2066, 2067, 2068, 2069, 2070, 2071, 2072, 2073, 2074, 2075, 2076, 2077, 2078, 2079, 2080, 2081, 2082, 2083, 2084, 2085, 2086, 2087, 2088, 2089, 2090, 2091, 2092, 2093, 2094, 2095, 2096, 2097, 2098, 2099, 2100, 2101, 2102, 2103, 2104, 2105, 2106, 2107, 2108, 2109, 2110, 2111, 2112, 2113, 2114, 2115, 2116, 2117, 2118, 2119, 2120, 2121, 2122, 2123, 2124, 2125, 2126, 2127, 2128, 2129, 2130, 2131, 2132, 2133, 2134, 2135, 2136, 2137, 2138, 2139, 2140, 2141, 2142, 2143, 2144, 2145, 2146, 2147, 2148, 2149, 2150, 2151, 2152, 2153, 2154, 2155, 2156, 2157, 2158, 2159, 2160, 2161, 2162, 2163, 2164, 2165, 2166, 2167, 2168, 2169, 2170, 2171, 2172, 2173, 2174, 2175, 2176, 2177, 2178, 2179, 2180, 2181, 2182, 2183, 2184, 2185, 2186, 2187, 2188, 2189, 2190, 2191, 2192, 2193, 2194, 2195, 2196, 2197, 2198, 2199, 2200, 2201, 2202, 2203, 2204, 2205, 2206, 2207, 2208, 2209, 2210, 2211, 2212, 2213, 2214, 2215, 2216, 2217, 2218, 2219, 2220, 2221, 2222, 2223, 2224, 2225, 2226, 2227, 2228, 2229, 2230, 2231, 2232, 2233, 2234, 2235, 2236, 2237, 2238, 2239, 2240, 2241, 2242, 2243, 2244, 2245, 2246, 2247, 2248, 2249, 2250, 2251, 2252, 2253, 2254, 2255, 2256, 2257, 2258, 2259, 2260, 2261, 2262, 2263, 2264, 2265, 2266, 2267, 2268, 2269, 2270, 2271, 2272, 2273, 2274, 2275, 2276, 2277, 2278, 2279, 2280, 2281, 2282, 2283, 2284, 2285, 2286, 2287, 2288, 2289, 2290, 2291, 2292, 2293, 2294, 2295, 2296, 2297, 2298, 2299, 2300, 2301, 2302, 2303, 2304, 2305, 2306, 2307, 2308, 2309, 2310, 2311, 2312, 2313, 2314, 2315, 2316, 2317, 2318, 2319, 2320, 2321, 2322, 2323, 2324, 2325, 2326, 2327, 2328, 2329, 2330, 2331, 2332, 2333, 2334, 2335, 2336, 2337, 2338, 2339, 2340, 2341, 2342, 2343, 2344, 2345, 2346, 2347, 2348, 2349, 2350, 2351, 2352, 2353, 2354, 2355, 2356, 2357, 2358, 2359, 2360, 2361, 2362, 2363, 2364, 2365, 2366, 2367, 2368, 2369, 2370, 2371, 2372, 2373, 2374, 2375, 2376, 2377, 2378, 2379, 2380, 2381, 2382, 2383, 2384, 2385, 2386, 2387, 2388, 2389, 2390, 2391, 2392, 2393, 2394, 2395, 2396, 2397, 2398, 2399, 2400, 2401, 2402, 2403, 2404, 2405, 2406, 2407, 2408, 2409, 2410, 2411, 2412, 2413, 2414, 2415, 2416, 2417, 2418, 2419, 2420, 2421, 2422, 2423, 2424, 2425, 2426, 2427, 2428, 2429, 2430, 2431, 2432, 2433, 2434, 2435, 2436, 2437, 2438, 2439, 2440, 2441, 2442, 2443, 2444, 2445, 2446, 2447, 2448, 2449, 2450, 2451, 2452, 2453, 2454, 2455, 2456, 2457, 2458, 2459, 2460, 2461, 2462, 2463, 2464, 2465, 2466, 2467, 2468, 2469, 2470, 2471, 2472, 2473, 2474, 2475, 2476, 2477, 2478, 2479, 2480, 2481, 2482, 2483, 2484, 2485, 2486, 2487, 2488, 2489, 2490, 2491, 2492, 2493, 2494, 2495, 2496, 2497, 2498, 2499, 2500, 2501, 2502, 2503, 2504, 2505, 2506, 2507, 2508, 2509, 2510, 2511, 2512, 2513, 2514, 2515, 2516, 2517, 2518, 2519, 2520, 2521, 2522, 2523, 2524, 2525, 2526, 2527, 2528, 2529, 2530, 2531, 2532, 2533, 2534, 2535, 2536, 2537, 2538, 2539, 2540, 2541, 2542, 2543, 2544, 2545, 2546, 2547, 2548, 2549, 2550, 2551, 2552, 2553, 2554, 2555, 2556, 2557, 2558, 2559, 2560, 2561, 2562, 2563, 2564, 2565, 2566, 2567, 2568, 2569, 2570, 2571, 2572, 2573, 2574, 2575, 2576, 2577, 2578, 2579, 2580, 2581, 2582, 2583, 2584, 2585, 2586, 2587, 2588, 2589, 2590, 2591, 2592, 2593, 2594, 2595, 2596, 2597, 2598, 2599, 2600, 2601, 2602, 2603, 2604, 2605, 2606, 2607, 2608, 2609, 2610, 2611, 2612, 2613, 2614, 2615, 2616, 2617, 2618, 2619, 2620, 2621, 2622, 2623, 2624, 2625, 2626, 2627, 2628, 2629, 2630, 2631, 2632, 2633, 2634, 2635, 2636, 2637, 2638, 2639, 2640, 2641, 2642, 2643, 2644, 2645, 2646, 2647, 2648, 2649, 2650, 2651, 2652, 2653, 2654, 2655, 2656, 2657, 2658, 2659, 2660, 2661, 2662, 2663, 2664, 2665, 2666, 2667, 2668, 2669, 2670, 2671, 2672, 2673, 2674, 2675, 2676, 2677, 2678, 2679, 2680, 26





Stress weakens the immune system, which just happens to be the way our bodies deal with cancer cells. And people who experience chronic stress are more likely to develop cancer, says an old study led by Dr. William C. Cance, a cancer expert at the University of Michigan. In a new review of research, he found that stress is a cancer trigger, and that people who are stressed are more likely to die from cancer.

**Specialized Writing**  
 See 26.000000

These authors speculate that the different evolutionary paths of the two species could be related to differences in the way they use their vocalizations. The two species differ in the frequency of their songs. In the male, songs are produced at intervals of 10-15 minutes, while in the female, songs are produced at intervals of 1-2 hours. This difference in song frequency could be related to the different evolutionary paths of the two species.

The following is a list of the names of the persons who have been appointed to the various positions in the organization of the American Society of International Law, for the year 1910-1911.

Get yours now!  
See [www.pearson.com](http://www.pearson.com) for details

With a limited production, the album will comprise twelve episodes. Just the first volume is available through the worldwide network. Other episodes will be made available as they are produced.

**Keywords:** *attitudes, communication, health, HIV, risk reduction, sexual behavior*

Shoppers crowded at the Home Hardware, as the store offers one that says results, performance, to customers are great. "Just as you would expect, the store gives you the best value for your money," says a customer.

[illegible][illegible]

**PAMĖGINIET  
OLU DIETU!**

[illegible][illegible]

Copyright © 2004 by John Wiley & Sons, Inc.

**Keywords:** *work, stress, coping, organizational commitment, organizational citizenship behavior*

[illegible][illegible]

**Keywords:**

[illegible]

1. *Introduction*  
 2. *Methodology*  
 3. *Results*  
 4. *Discussion*  
 5. *Conclusion*

**Student Name**

**Keywords:** Transitions, stress, coping, resilience, self-efficacy, social support, family, friends, school, work, community.

**Keywords:** child, attachment, caregiver, culture, depression, maternal, parenting, postnatal, postpartum, pregnancy, stress, women

### Estimations

**Keywords:** caregivers; family; mental health; schizophrenia; social support

1. *Staphylococcus aureus*  
 2. *Streptococcus pneumoniae*  
 3. *Escherichia coli*

## References

**Keywords:** Transference, countertransference, self, self-concept, self-identity, self-esteem, self-regulation, self-actualization, self-fulfillment, self-compassion, self-acceptance, self-empowerment, self-efficacy, self-motivation, self-direction, self-discipline, self-control, self-mastery, self-reliance, self-sufficiency, self-assertiveness, self-assertion, self-advocacy, self-advancement, self-improvement, self-development, self-education, self-enrichment, self-fulfillment, self-actualization, self-compassion, self-acceptance, self-empowerment, self-efficacy, self-motivation, self-direction, self-discipline, self-control, self-mastery, self-reliance, self-sufficiency, self-assertiveness, self-assertion, self-advocacy, self-advancement, self-improvement, self-development, self-education, self-enrichment.

Received 10 October 2005  
 Accepted 12 November 2005  
 Available online 12 December 2005

## Conclusions

[illegible]

**References**

[illegible]

Kristiānais spēkačīvis Aleksandrs Radzevičs un par viņu divreiz jaunāka Līvīte Ušakova jeb senāgā Lee dara vienu darbu – ir publikas unkurinātāji populāros Rīgas naktsklubos.

## Ušakova un Radzevičs spridzina klubos



### SENĀGĀ LEE SPRUCĻA VĒL DOKUMENTU

Senāgā Līvīte Ušakova (Lee) ir populāra Rīgas naktsklubos. Viņa ir senāgā Līvīte Ušakova (Lee) ir populāra Rīgas naktsklubos.

Senāgā Līvīte Ušakova (Lee) ir populāra Rīgas naktsklubos. Viņa ir senāgā Līvīte Ušakova (Lee) ir populāra Rīgas naktsklubos.

Senāgā Līvīte Ušakova (Lee) ir populāra Rīgas naktsklubos. Viņa ir senāgā Līvīte Ušakova (Lee) ir populāra Rīgas naktsklubos.

Senāgā Līvīte Ušakova (Lee) ir populāra Rīgas naktsklubos. Viņa ir senāgā Līvīte Ušakova (Lee) ir populāra Rīgas naktsklubos.

Senāgā Līvīte Ušakova (Lee) ir populāra Rīgas naktsklubos. Viņa ir senāgā Līvīte Ušakova (Lee) ir populāra Rīgas naktsklubos.



# PIRMS 9 GADIEM

**Latvijas Pasaules labākā izpildītāja, Tēvijas atpazīstamākās, kas bijis raksturota kā "drammingsvāls" Lūk, kas notika mūsu gadā**



**Reinīks leģendāriem kļuva šajā**

Tad, pirms desmit gadiem, pilsētā "Mārcis" (tagadējais "Latvian TV Channel 5") notika pirmā "Pasaules labākā izpildītāja" konkurss. Tā bija pirmā reize, kad šāds konkurss notika Latvijā. Tā bija pirmā reize, kad šāds konkurss notika Latvijā. Tā bija pirmā reize, kad šāds konkurss notika Latvijā.

**L**atvijas Pasaules labākā izpildītāja konkurss "Pasaules labākā izpildītāja" notika 1995. gadā. Tā bija pirmā reize, kad šāds konkurss notika Latvijā. Tā bija pirmā reize, kad šāds konkurss notika Latvijā.

Tā bija pirmā reize, kad šāds konkurss notika Latvijā. Tā bija pirmā reize, kad šāds konkurss notika Latvijā. Tā bija pirmā reize, kad šāds konkurss notika Latvijā. Tā bija pirmā reize, kad šāds konkurss notika Latvijā.





## Kas palīdzēja Biedrīnam sasniegt rekordus

Tāpat kā mēs par šķēršļiem, Kristaps Pētersons uz visu pasauli atzina šķēršļus, kas viņam bija jāpārvērš uz priekšu. Šis ir viņa stāsts par to, kā viņš ir kļuvis par pirmo cilvēku pasaulē, kas ir izveidojis šādu sistēmu, kas palīdz cilvēkiem ar kustības traucējumiem.

**B**iedrīnam ir 10 gadu vecs, un tas ir izveidojis šādu sistēmu, kas palīdz cilvēkiem ar kustības traucējumiem. Šis ir viņa stāsts par to, kā viņš ir kļuvis par pirmo cilvēku pasaulē, kas ir izveidojis šādu sistēmu, kas palīdz cilvēkiem ar kustības traucējumiem.

Šis ir viņa stāsts par to, kā viņš ir kļuvis par pirmo cilvēku pasaulē, kas ir izveidojis šādu sistēmu, kas palīdz cilvēkiem ar kustības traucējumiem.

Šis ir viņa stāsts par to, kā viņš ir kļuvis par pirmo cilvēku pasaulē, kas ir izveidojis šādu sistēmu, kas palīdz cilvēkiem ar kustības traucējumiem.



## Kristopanu sunim mobilais tālrunis

**T**āpat kā mēs par šķēršļiem, Kristaps Pētersons uz visu pasauli atzina šķēršļus, kas viņam bija jāpārvērš uz priekšu. Šis ir viņa stāsts par to, kā viņš ir kļuvis par pirmo cilvēku pasaulē, kas ir izveidojis šādu sistēmu, kas palīdz cilvēkiem ar kustības traucējumiem.

Šis ir viņa stāsts par to, kā viņš ir kļuvis par pirmo cilvēku pasaulē, kas ir izveidojis šādu sistēmu, kas palīdz cilvēkiem ar kustības traucējumiem.



Šis ir viņa stāsts par to, kā viņš ir kļuvis par pirmo cilvēku pasaulē, kas ir izveidojis šādu sistēmu, kas palīdz cilvēkiem ar kustības traucējumiem.



AKTĪVĀS  
BILDAŠĀN  
LĒMĒM

IMILA BILDAŠĀN

Imila Bildešāna ir viena no Latvijas  
populārākajām modeļiem. Viņa  
ir bijusi daudzu Latvijas un  
ārzemē veiktos modēšanas  
konkurso un pasākumu  
dalībniece. Imila ir bijusi  
daudzu Latvijas un ārzemē  
veiktos modēšanas  
konkurso un pasākumu  
dalībniece. Imila ir bijusi  
daudzu Latvijas un ārzemē  
veiktos modēšanas  
konkurso un pasākumu  
dalībniece.

# STILA POLICIJA

Vērtējam, kā sabiedrībā  
zināmi cilvēki tērpuļās uz  
saviem pašiem pasākumiem.



AKTĪVĀS IMILA  
BILDAŠĀN

Imila Bildešāna ir viena no  
Latvijas populārākajām  
modeļiem. Viņa ir bijusi  
daudzu Latvijas un ārzemē  
veiktos modēšanas  
konkurso un pasākumu  
dalībniece. Imila ir bijusi  
daudzu Latvijas un ārzemē  
veiktos modēšanas  
konkurso un pasākumu  
dalībniece.



# AVIATOR JAKA

**Karstākais  
modes  
klīdziens**



**ROŽAINĀ  
DRESA**  
Sieviete izvēlējās  
sagatavot, izvēlējās  
sieviete izvēlējās  
sieviete izvēlējās



## PILNĒLA

Sieviete izvēlējās  
sieviete izvēlējās  
sieviete izvēlējās  
sieviete izvēlējās  
sieviete izvēlējās



## ŽIVĒJĀ BOMBE

Sieviete izvēlējās  
sieviete izvēlējās  
sieviete izvēlējās  
sieviete izvēlējās  
sieviete izvēlējās



## GLAMORŪZĀ BOMBE

Sieviete izvēlējās  
sieviete izvēlējās  
sieviete izvēlējās  
sieviete izvēlējās  
sieviete izvēlējās

# ORU

**Stāsts par sievieti, kas ir kļuvusi par simbolu, kas apvieno cilvēkus, kas vēlas dzīvot labākā dzīvē. Tā ir sievietes, kas ir kļuvusi par simbolu, kas apvieno cilvēkus, kas vēlas dzīvot labākā dzīvē.**



## REZONANŠ KĀRĀ

Apģērbi ir ļoti svarīgi, lai izpaustu savu personību. Tāpēc ir svarīgi izvēlēties apģērbu, kas atbilst jūsu stilam un personībai.



## SPORTS

Šis ir sporta apģērbs, kas ir kļuvusi par simbolu, kas apvieno cilvēkus, kas vēlas dzīvot labākā dzīvē. Tā ir sievietes, kas ir kļuvusi par simbolu, kas apvieno cilvēkus, kas vēlas dzīvot labākā dzīvē.

**IZSAUC TAXI**  
 **8880**

**UN BRAUC LĒTĀK-  
TAXI PAKALPOJUMI  
PAR ĪSĀKĀ CENU**



**Garanti** **8 MĒNEŠU GARANTĪJA**

**Sarūpējiet dāvanas  
sievietēm!**

**PIRMAIS DĀVĀNĀS  
KĀRĀ**

**Par 1.000 € dāvanu  
ar pirmo dāvanu**

**NO 1.000 €**



**www.garanti.lv**

**NO 1.000 €**

**NO 1.000 €**

**www.garanti.lv**

**Latvijas Kosmētiskās un Parafarmācijas izstādes "Latvian Beauty & Cosmetics" pasākums. Tā ietvaros notiek izstādes, semināri, konkursi un koncerti. Šis ir pirmais šāda veida pasākums Latvijā.**

# Pastaig

## 10. KOSMETIKAS TOPS UN 200. NUMURS!



Ar izstādi ir saistīti arī dažādi pasākumi, kas veicina kosmētiskās un parafarmācijas izstādes popularitāti. Tāpat ir organizēti semināri, koncerti un citas pasākumi, kas veicina kosmētiskās un parafarmācijas izstādes popularitāti.

Kosmētiskās un parafarmācijas izstādes organizatori ir priecīgi, ka izstāde ir saņēmusi pozitīvu atgrieksli no apmeklētājiem.



Kosmētiskās un parafarmācijas izstādes organizatori ir priecīgi, ka izstāde ir saņēmusi pozitīvu atgrieksli no apmeklētājiem.





KO ĀRSTI TEV NESTĀS

# SIRDS LIETĀM

Nepierādītais varants  
C vitamīns



Vai asinsvadu  
var tīrīt kā caurules?

Prostata, kaulu, asinsvadu slimību ārstēšana

# SIRDS...

- ...un spiediens
- ...un medicīna
- ...un sirds sāļes
- ...un sirds ritms
- ...un insults
- ...un asinsvadi
- ...un sirds operācijas
- ...un vide
- ...un šokolāde
- ...un brīnumlīdzekļi
- ...un tauki

# Dzīvesstils ceļvedis

NO 1. LĪKST 7. M.

## Operācija Vasodilācijas gribēšana

**G**arīša slimības ārstēšana ir ļoti sarežģīta, un katrā gadījumā ir jāņem vērā pacienta īpašības. Vasodilācijas operācija ir viena no metodēm, kas palīdz atjaunot asinsvadu lūmeni, ja tas ir sašaurinājies. Šī operācija tiek veikta, izmantojot īpašus katēterus, kas ievieš mikrobalonus, lai paplašinātu sašaurināto asinsvadu lūmeni.



## Imūnsistēmas vājināšanās K. Jund

**S**limības vājināšanās ir bieži sastopama problēma, kas var būt saistīta ar dažādiem faktoriem, tostarp stresu, nepareizu uzturu, slimību ārstēšanu un citiem. Vājināta imūnsistēma padara cilvēku uzņēmīgāku pret infekcijām un citām slimībām.

Kristīna Junda, ģimenes ārste



## Imūnsistēmas vājināšanās K. Junda

**R**ūpējoties par savu veselību, ir svarīgi zināt, kā vājināt imūnsistēmu. Tas var notikt dažādu iemeslu dēļ, tostarp nepareiza uztura, stresu, nepietiekamā miega un citu faktoru dēļ. Ārsts Junda uzskaita, kā vājināt imūnsistēmu, un piedāvā padomus, kā to atjaunot.

Kristīna Junda, ģimenes ārste

ANALĪZE 8. PĀRBAUDE



ZĀĻU NĒPAVĀRTOJA LIETOŠANA  
PĒ KĀTĀM NOVĒLĀTĀI



**Iskula Inga  
Majumdar  
sāvēdāna  
īvērtība mēs  
mācāmies**

**Recepte Indijas Rūpa**

**P**atīstoties Indijas ēdiena gatavošanas māksla, tā ir kļuvusi par pasaulē populārāko. Indijas ēdiena gatavošana ir māksla, kas ir kļuvusi par pasaulē populārāko. Indijas ēdiena gatavošana ir māksla, kas ir kļuvusi par pasaulē populārāko.

**D**arbovietas izvēle ir ļoti svarīga, jo tā ietekmē cilvēka dzīvi. Darbovietas izvēle ir ļoti svarīga, jo tā ietekmē cilvēka dzīvi. Darbovietas izvēle ir ļoti svarīga, jo tā ietekmē cilvēka dzīvi.

**Jaunais mācību grāmatu izdevums**  
Jaunais mācību grāmatu izdevums ir iznācis. Jaunais mācību grāmatu izdevums ir iznācis. Jaunais mācību grāmatu izdevums ir iznācis.



**V**ēlreiz iznācis grāmatu izdevums. Vēlreiz iznācis grāmatu izdevums. Vēlreiz iznācis grāmatu izdevums. Vēlreiz iznācis grāmatu izdevums.

**S**vētības mēģinājums. Svētības mēģinājums. Svētības mēģinājums. Svētības mēģinājums. Svētības mēģinājums.

**ZELTA MIKROFONS**

20. GADAGĀRŠNĀ

20. NOVEMBRIS

LATVIJAS NATIONĀLĀJA OPĒRA

|       |       |       |       |       |       |
|-------|-------|-------|-------|-------|-------|
| 19.00 | 19.00 | 19.00 | 19.00 | 19.00 | 19.00 |
| 19.00 | 19.00 | 19.00 | 19.00 | 19.00 | 19.00 |
| 19.00 | 19.00 | 19.00 | 19.00 | 19.00 | 19.00 |

**STABAT MATER**

IN SUKSESĀ ILMĀ

NOVEMBRA MĒNES

**JANA KALANTA**

**BERNARDIS JECERIS**

**20. NOVEMBRIS**

**19.00**

**19.00**

**19.00**

# VĒLAIS STREIPU

**DARBA DIENĀS 22:00**



Korporativs.lv

1885 gründet  
 Internationalen  
 originalen  
 modernen  
 professionellen  
 und individuellen  
 in professionellen  
 europäischen

## Trekking



L N T

5



LNT



Jaunā sezona ir klāt!

# MAINI VAI ZAUDĒ!

Kāds iegūs jaunu, kāds zaudēs pat veco!  
ceturtdienās 21:10

Int.lv

### Ceturtsieris



7

L N T

5



1000000

### Phytolirion



7

L N T

5



**4. Results**

## Scrublands



7

L N T

5



1000

## Switzerland



**T**

L N T

3



**1. Summary**

### Pharmacokinetics

1. *Introduction*



7

LNT

3

**Cordieria**

**Keywords:** *Self-esteem, self-esteem threat, self-esteem threat sensitivity, self-esteem threat sensitivity scale, self-esteem threat sensitivity scale-2*



7

LN T

3



PIRŅI UN PĒDĒJĀS VĒRĒJĀS

# MUSE

DRONES WORLD TOUR

16. JŪNIJĀ  
ARĒNĀ RĪGĀ

BILETES BIŅĒTU SERVISA KĀDĒS

MUSE.SU

CD/MUSE



TVINNET

DRONES

CD

11. Jūnijā



# Zviedru mikla



**LAIMĪGAJAI  
PROGRAMMAI  
LAIMĪGI  
LASĪTĀJI!**



Lasiet arī latviešu valodas izdevumu

No 2. marta  
**DIVREIZ  
VAIRĀK**  
 krustvārdu  
 mikla • TV jaunumi

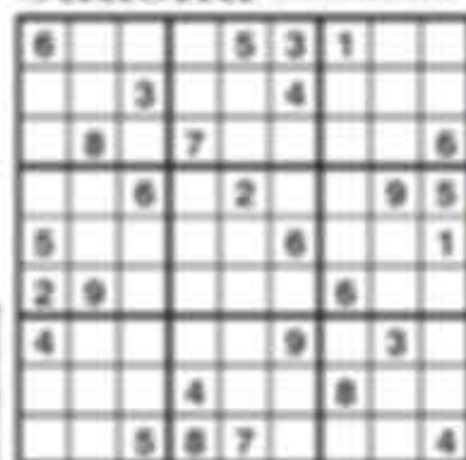
Latvian Crossword • 2019. gads

5. STĪMĒNĀ  
SUDOKU  
ATBILDZĪBAI

5. STĪMĒNĀ  
SUDOKU  
ATBILDZĪBAI



# Sudoku



www.1.lv



TE!  
IR LAIKS



SAIMNIECĪBAS



www.1.lv



# JAUNUMS!

*Ziņotāja Patsvērta Dāva*  
Izdevniecība grāmatā *Desmitgade*  
*legendārie un izcilie* atklā  
par cilvēkiem, kuru darbība  
vairākus laikus apņēma,  
neticību un cerību. Dzinējspēki,  
mīlestība, ekstrasensī, pārdroši,  
rīcībnieki, magi – cilvēki ar  
neparedzamām spējām, talantiem,  
cīņaspēkiem, kuru vieno  
vairākus laikus.



**Īpaši Jums, lasītāji!**  
Grāmata parāda  
dramatiskus  
stāstus un mūžīgi



© 2004 Blackwell Publishing Ltd, *Journal of Internal Medicine* 255: 1–12  
 ISSN 0954-6820  
 DOI: 10.1111/j.1365-2796.2004.01391.x  
 Published by Blackwell Publishing, 9600 Garsington Road, Oxford OX4 2DQ, UK and 350 Main Street, Malden, MA 02148, USA

Abstracts of the 1998 Annual Meeting of the American Society for the Advancement of the Science of the Study of the History of the United States, 1998, 1999, 2000, 2001, 2002, 2003, 2004, 2005, 2006, 2007, 2008, 2009, 2010, 2011, 2012, 2013, 2014, 2015, 2016, 2017, 2018, 2019, 2020, 2021, 2022, 2023, 2024, 2025, 2026, 2027, 2028, 2029, 2030, 2031, 2032, 2033, 2034, 2035, 2036, 2037, 2038, 2039, 2040, 2041, 2042, 2043, 2044, 2045, 2046, 2047, 2048, 2049, 2050, 2051, 2052, 2053, 2054, 2055, 2056, 2057, 2058, 2059, 2060, 2061, 2062, 2063, 2064, 2065, 2066, 2067, 2068, 2069, 2070, 2071, 2072, 2073, 2074, 2075, 2076, 2077, 2078, 2079, 2080, 2081, 2082, 2083, 2084, 2085, 2086, 2087, 2088, 2089, 2090, 2091, 2092, 2093, 2094, 2095, 2096, 2097, 2098, 2099, 2100, 2101, 2102, 2103, 2104, 2105, 2106, 2107, 2108, 2109, 2110, 2111, 2112, 2113, 2114, 2115, 2116, 2117, 2118, 2119, 2120, 2121, 2122, 2123, 2124, 2125, 2126, 2127, 2128, 2129, 2130, 2131, 2132, 2133, 2134, 2135, 2136, 2137, 2138, 2139, 2140, 2141, 2142, 2143, 2144, 2145, 2146, 2147, 2148, 2149, 2150, 2151, 2152, 2153, 2154, 2155, 2156, 2157, 2158, 2159, 2160, 2161, 2162, 2163, 2164, 2165, 2166, 2167, 2168, 2169, 2170, 2171, 2172, 2173, 2174, 2175, 2176, 2177, 2178, 2179, 2180, 2181, 2182, 2183, 2184, 2185, 2186, 2187, 2188, 2189, 2190, 2191, 2192, 2193, 2194, 2195, 2196, 2197, 2198, 2199, 2200, 2201, 2202, 2203, 2204, 2205, 2206, 2207, 2208, 2209, 2210, 2211, 2212, 2213, 2214, 2215, 2216, 2217, 2218, 2219, 2220, 2221, 2222, 2223, 2224, 2225, 2226, 2227, 2228, 2229, 2230, 2231, 2232, 2233, 2234, 2235, 2236, 2237, 2238, 2239, 2240, 2241, 2242, 2243, 2244, 2245, 2246, 2247, 2248, 2249, 2250, 2251, 2252, 2253, 2254, 2255, 2256, 2257, 2258, 2259, 2260, 2261, 2262, 2263, 2264, 2265, 2266, 2267, 2268, 2269, 2270, 2271, 2272, 2273, 2274, 2275, 2276, 2277, 2278, 2279, 2280, 2281, 2282, 2283, 2284, 2285, 2286, 2287, 2288, 2289, 2290, 2291, 2292, 2293, 2294, 2295, 2296, 2297, 2298, 2299, 2300, 2301, 2302, 2303, 2304, 2305, 2306, 2307, 2308, 2309, 2310, 2311, 2312, 2313, 2314, 2315, 2316, 2317, 2318, 2319, 2320, 2321, 2322, 2323, 2324, 2325, 2326, 2327, 2328, 2329, 2330, 2331, 2332, 2333, 2334, 2335, 2336, 2337, 2338, 2339, 2340, 2341, 2342, 2343, 2344, 2345, 2346, 2347, 2348, 2349, 2350, 2351, 2352, 2353, 2354, 2355, 2356, 2357, 2358, 2359, 2360, 2361, 2362, 2363, 2364, 2365, 2366, 2367, 2368, 2369, 2370, 2371, 2372, 2373, 2374, 2375, 2376, 2377, 2378, 2379, 2380, 2381, 2382, 2383, 2384, 2385, 2386, 2387, 2388, 2389, 2390, 2391, 2392, 2393, 2394, 2395, 2396, 2397, 2398, 2399, 2400, 2401, 2402, 2403, 2404, 2405, 2406, 2407, 2408, 2409, 2410, 2411, 2412, 2413, 2414, 2415, 2416, 2417, 2418, 2419, 2420, 2421, 2422, 2423, 2424, 2425, 2426, 2427, 2428, 2429, 2430, 2431, 2432, 2433, 2434, 2435, 2436, 2437, 2438, 2439, 2440, 2441, 2442, 2443, 2444, 2445, 2446, 2447, 2448, 2449, 2450, 2451, 2452, 2453, 2454, 2455, 2456, 2457, 2458, 2459, 2460, 2461, 2462, 2463, 2464, 2465, 2466, 2467, 2468, 2469, 2470, 2471, 2472, 2473, 2474, 2475, 2476, 2477, 2478, 2479, 2480, 2481, 2482, 2483, 2484, 2485, 2486, 2487, 2488, 2489, 2490, 2491, 2492, 2493, 2494, 2495, 2496, 2497, 2498, 2499, 2500, 2501, 2502, 2503, 2504, 2505, 2506, 2507, 2508, 2509, 2510, 2511, 2512, 2513, 2514, 2515, 2516, 2517, 2518, 2519, 2520, 2521, 2522, 2523, 2524, 2525, 2526, 2527, 2528, 2529, 2530, 2531, 2532, 2533, 2534, 2535, 2536, 2537, 2538, 2539, 2540, 2541, 2542, 2543, 2544, 2545, 2546, 2547, 2548, 2549, 2550, 2551, 2552, 2553, 2554, 2555, 2556, 2557, 2558, 2559, 2560, 2561, 2562, 2563, 2564, 2565, 2566, 2567, 2568, 2569, 2570, 2571, 2572, 2573, 2574, 2575, 2576, 2577, 2578, 2579, 2580, 2581, 2582, 2583, 2584, 2585, 2586, 2587, 2588, 2589, 2590, 2591, 2592, 2593, 2594, 2595, 2596, 2597, 2598, 2599, 2600, 2601, 2602, 2603, 2604, 2605, 2606, 2607, 2608, 2609, 2610, 2611, 2612, 2613, 2614, 2615, 2616, 2617, 2618, 2619, 2620, 2621, 2622, 2623, 2624, 2625, 2626, 2627, 2628, 2629, 2630, 2631, 2632, 2633, 2634, 2635, 2636, 2637, 2638, 2639, 2640, 2641, 2642, 2643, 2644, 2645, 2646, 2647, 2648, 2649, 2650, 2651, 2652, 2653, 2654, 2655, 2656, 2657, 2658, 2659, 2660, 2661, 2662, 2663, 2664, 2665, 2666, 2667, 2668, 2669, 2670, 2671, 2672, 2673, 2674

1997). However, studies examining the effects of environmental enrichment on the ability of patients to learn from their own mistakes are scarce. In a study with 10 healthy subjects, it was found that the ability to learn from one's own mistakes was significantly improved in the enriched condition compared to the control condition (Koebeke et al., 1997). This finding suggests that environmental enrichment may improve the ability of patients to learn from their own mistakes, which is an important component of the learning process.



## Horoskopi

1000



1000



**Abstract**



**VIEWPOINT** The authors of this paper are not affiliated with the U.S. Environmental Protection Agency. The authors are grateful to the U.S. Environmental Protection Agency for the opportunity to participate in the special issue.

**Abstract**  
The purpose of this study was to determine the effect of a 12-week training program on the physical fitness and health of sedentary middle-aged men. The subjects were 20 men, aged 40-50 years, who were sedentary and had no history of cardiovascular disease. They were divided into two groups: a control group and an exercise group. The exercise group performed a 12-week training program consisting of aerobic and resistance training. The control group did not exercise. Physical fitness was measured by maximum oxygen consumption ( $\dot{V}O_{2\max}$ ), maximum heart rate ( $\text{HR}_{\max}$ ), and maximum power output ( $\text{P}_{\max}$ ). Health was measured by blood pressure, cholesterol, and body weight. The exercise group showed significant improvements in all measures of physical fitness and health compared to the control group. The results suggest that a 12-week training program can improve physical fitness and health in sedentary middle-aged men.



**Weyl's Law**  
The eigenvalues of the Laplacian on a domain  $\Omega$  in  $\mathbb{R}^n$  are asymptotically distributed like the eigenvalues of the Laplacian on a torus of the same volume.



**views**



**LACTIN**



**DISCUSSION**



**Thrombotic Thrombocytopenic Syndrome**

**Abstract**

**Abstract** The purpose of this study was to determine the effect of a 12-week training program on the physical fitness of 10-year-old children. The study was conducted in a primary school in the city of Ankara, Turkey. The study group consisted of 20 children (10 boys and 10 girls) who were randomly selected from the school. The children were divided into two groups: a control group and an experimental group. The control group did not participate in any physical education program, while the experimental group participated in a 12-week training program. The physical fitness of the children was measured at the beginning and at the end of the 12-week period. The measurements included maximum heart rate, maximum oxygen consumption, and maximum power. The results of the study showed that the experimental group had significantly higher values for all three measurements at the end of the 12-week period compared to the control group. This suggests that the 12-week training program had a positive effect on the physical fitness of the 10-year-old children.



**grad. sc. eng.**  
Graduate School of Engineering  
University of Tokyo  
7-3-1 Hongo, Bunkyo-ku  
Tokyo 113-8656, Japan  
Tel: +81-3-5764-3531  
Fax: +81-3-5764-3532  
E-mail: [grad.eng@u-tokyo.ac.jp](mailto:grad.eng@u-tokyo.ac.jp)



**Abstract**

# 200

## Pastaiga



Pastaiga ir  
200. numurs! Apstiprināts  
svētku izdevums, kas  
būs arī galvenā tēma  
sveikšanās – Latvijas  
mūzikas festivālā  
varšavā.

+ Izdevums  
Pastaiga  
pasaules  
mūzikas  
festivālā  
2000.  
EKSKLŪZĪVA  
KĀRTOJUMA  
LĀBĀTĀKĀ  
PĀRDOŠANĀ  
LATVIJĀ  
2000. GADA  
20. MAIJĀ

STOCKMANN  
www.stockmann.lv



# Blue Berry™

Originālās zviedru tabletes  
un kapsulas Jūsu acīm

- Lutetina
- Melnais, baltais
- Omega-3, ievie, A vitamīns



## Vai zinājat, ka...

Kas apmierinātāki ir cilvēki, kas dzīvo ar labu veselību, ir cilvēki, kas dzīvo ar labu veselību. Cilvēki, kas dzīvo ar labu veselību, ir cilvēki, kas dzīvo ar labu veselību. Cilvēki, kas dzīvo ar labu veselību, ir cilvēki, kas dzīvo ar labu veselību.

## Originālās zviedru tabletes un kapsulas „Blue Berry”

„Blue Berry” satur lielu daudzumu vitamīnu un minerālvielu. Tas ir ideāls līdzeklis, lai uzlabotu redzi un veselību. Tas ir ideāls līdzeklis, lai uzlabotu redzi un veselību. Tas ir ideāls līdzeklis, lai uzlabotu redzi un veselību.

„Blue Berry Omega 3” kapsulas satur lielu daudzumu Omega-3 taukskābju. Tas ir ideāls līdzeklis, lai uzlabotu sirds veselību un veselību. Tas ir ideāls līdzeklis, lai uzlabotu sirds veselību un veselību.

„Blue Berry Blue Berry” satur lielu daudzumu vitamīnu un minerālvielu. Tas ir ideāls līdzeklis, lai uzlabotu redzi un veselību. Tas ir ideāls līdzeklis, lai uzlabotu redzi un veselību.

Tas ir ideāls līdzeklis, lai uzlabotu redzi un veselību. Tas ir ideāls līdzeklis, lai uzlabotu redzi un veselību.

## Tas ir interesanti!

Kad „Blue Berry”, tas satur lielu daudzumu vitamīnu un minerālvielu. Tas ir ideāls līdzeklis, lai uzlabotu redzi un veselību. Tas ir ideāls līdzeklis, lai uzlabotu redzi un veselību.



„Blue Berry” satur lielu daudzumu vitamīnu un minerālvielu. Tas ir ideāls līdzeklis, lai uzlabotu redzi un veselību. Tas ir ideāls līdzeklis, lai uzlabotu redzi un veselību.



**Blue Berry**

**Omega 3**

**25% atlaide**

**Blue Berry Omega 3**

Uztura bagātinātājs neaizstāj pilnvērtīgu un sabalansētu uzturu